

Ingredients: Serves 4.

250 ml yoghurt, 100g mascarpone, 1 pkg vanilla sugar, 1/4 TSp cinnamon, 1 TblSp honey, zest of 1/4 lemon, plus 1 TblSps roasted sesame seeds to garnish.

Preparation:

Easy: Just put all the ingredients into a big bowl and then stir until smooth. Garnish with sesame seeds.

Enjoy!