

Sweet Potato, Radish, and Apple Salad (serves 2)

Ingredients:

1 small sweet potato (peeled and finely julienned), 2 scallions (thinly sliced), 3 radishes (thinly sliced), 1 apple (cored and finely julienned), 2 Tbsp lemon juice, dried cilantro, 1 Tbsp fresh grated ginger, 3 Tbsp toasted sesame seeds, 2 Tbsp extra-virgin olive oil, coarse salt and black pepper

Preparation:

1. In a small bowl, whisk lemon juice, ginger, and oil. Season with salt and pepper.
2. In another bowl, combine sweet potato, apple, scallions, radishes, and sesame seeds.
3. Drizzle dressing over salad and season with salt, pepper and dried cilantro.